

PARENT COACH TRAINING

Course Introduction

Busymummy Parent Coach Training is an original training programme designed specifically for prospective parent coaches who wish to support vulnerable families. The pack covers: coaching methodologies and evidence based research; supporting vulnerable families; building trust with families; options for families including emotional wellbeing and education. This programme is part of a package of support that have been designed to engage and support vulnerable families.

Course Details

This one-day training course is for anyone who is supporting parents through coaching or would like to add coaching techniques to their portfolio of support.

By the end of the programme participants will have experienced:

- goal setting techniques
- GROW model of coaching
- completed a wheel of life and learnt how to use this resource with ALL clients
- discussion of clean language techniques
- shared tips on motivating vulnerable groups
- compiled a list of support agencies for vulnerable families
- building rapport.

WORKSHOP SCHEDULE

Bournemouth	12 November 2009
Leicester	9 February 2010
Lincoln	12 May 2010
Cost (registration fee) Statutory organisations and private companies	£187
Individuals and small voluntary organizations	£167
Information	Included in the registration fee is attendance at a one-day training course, all materials, a resource pack for use with families and follow-up support. If you would like to offer this training programme in-house, please contact us.
FOR MORE INFORMATION OR TO APPLY CONTACT alexia@busymummy.co.uk 01843 598612	